

SUMMER IN THE PSALMS PRAYER GUIDE

PSALM 6

1 Lord, do not rebuke me in your anger; do not discipline me in your wrath.

2 Be gracious to me, Lord, for I am weak; heal me, Lord, for my bones are shaking;

3 my whole being is shaken with terror. And you, Lord—how long?

4 Turn, Lord! Rescue me; save me because of your faithful love.

5 For there is no remembrance of you in death; who can thank you in Sheol?

6 I am weary from my groaning; with my tears I dampen my bed and drench my couch every night.

7 My eyes are swollen from grief; they grow old because of all my enemies.

8 Depart from me, all evildoers, for the Lord has heard the sound of my weeping.

9 The Lord has heard my plea for help; the Lord accepts my prayer.

10 All my enemies will be ashamed and shake with terror; they will turn back and suddenly be disgraced.

GOD'S PRAISEWORTHY ATTRIBUTES

God rebukes and disciplines (v. 1)

God is gracious and a healer (v. 2)

God is a deliverer (v. 4)

He has steadfast love (v. 4)

God hears our weeping (v. 8)

God hears our pleas and accepts our prayer (v. 9)

I. REVERING GOD

Lord, I praise You that You have been gracious to me when:

Lord, I give You thanks for hearing and answering when I cried out to You about:

II. RESPONDING TO GOD

I surrender my trouble of _____ and wait patiently for You to respond. I confess my weariness about _____ and trust that You will bring deliverance. I repent of my impatience and doubt as I wait for You to answer my cry for:

III. REQUESTING OF GOD

Lord, please bring deliverance and healing to _____ (name) and help them look to You alone in their trouble.

For the sake of Your steadfast love, bring salvation to my _____ (specific loved ones; friends; neighbors; co-workers)

Because You know my weeping about _____ please sustain me so I can give You praise!

IV. READYING OURSELVES WITH GOD

○ Lord, cause workers of evil to depart from my:

Turn back and put to shame the enemies presence in: